



## **Wolves Athletics**

Athletics at West Island College are an integral and valued part of the school culture. Athletic competition plays a vital role in developing one's physical, intellectual, social and emotional well-being, and WIC takes pride in exceptional student participation rates.

Teams are competitive and try-outs are held at all levels. All teams have both practices and games, and many teams also participate in outside tournaments. Practices are held at the school or a nearby field in the morning before school, or after school. Games and tournaments are played both at home and away.

## FALL SPORTS

Jr. & Sr. Cross Country Jr. & Sr. Golf Jr. & Sr. Volleyball

## WINTER SPORTS

Jr. & Sr. Basketball

## **SPRING SPORTS**

Jr. & Sr. Badminton Jr. & Sr. Boys Rugby Sr. Girls Rugby Jr. & Sr. Track & Field Jr. Soccer Sr. Girls Field Hockey

